

La Capitale Civil Service Insurer Inc.
 625 Jacques-Parizeau St., PO BOX 1500, Quebec QC G1K 8X9
 418 644-4200 or 1 800 463-4856
 Fax: 418 646-1313 • adm.collectif@lacapitale.com

Group No.	Employer No.
1 0 3 0 0 0	

Social Insurance Number (SIN)

Identification No. (provided by the Insurer at the time of application)

1. INFORMATION ABOUT PARTICIPANT

Group name FÉDÉRATION INTERPROFESSIONNELLE DE LA SANTÉ DU QUÉBEC	Employer name	Employee No
First name	Last name	Date of birth (YYYY/MM/DD)
		Gender <input type="checkbox"/> F <input type="checkbox"/> M
		Language <input type="checkbox"/> English <input type="checkbox"/> French
No., Street, Apt.	City	Province
		Postal Code
Email address ¹	Main phone	Ext.
		Phone (other)
		Ext.
Note 1: By giving my email address, I consent to receiving only documents that concern my group insurance.		
Civil status	Since (YYYY/MM/DD)	
<input type="checkbox"/> Single <input type="checkbox"/> Married or civil union <input type="checkbox"/> Common-law spouse <input type="checkbox"/> Widowed <input type="checkbox"/> Divorced <input type="checkbox"/> Separated		
Employment date (YYYY/MM/DD)	Eligibility Date (YYYY/MM/DD)	Status
		<input type="checkbox"/> permanent <input type="checkbox"/> temporary <input type="checkbox"/> other: _____
Job title	Annual salary \$ _____	Work schedule <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time: _____% or _____ hours/week

2. REASON FOR MODIFICATION

Life event (birth, marriage, etc.): _____ Effective date of the event

 Year Month Day

Review of % of time worked

Please place a check mark beside the changes you would like to make to your insurance plans, in section 3 below.

3. PLAN

Health Insurance Plan - Mandatory Module selection² <input type="checkbox"/> Bronze <input type="checkbox"/> Silver <input type="checkbox"/> Gold <input type="checkbox"/> Exemption ³ Minimum participation requirement: 24 months⁴	Participant status <input type="checkbox"/> Individual <input type="checkbox"/> Single-Parent (no spouse) <input type="checkbox"/> Family	Dental Care Plan Participant status⁵ <input type="checkbox"/> Individual <input type="checkbox"/> Single-Parent (no spouse) <input type="checkbox"/> Family <input type="checkbox"/> I wish to end my participation in the Dental Care Plan Minimum participation requirement: 36 months
--	---	--

	I want to apply	I want to add	I want to remove
Life Insurance Plan			
Participant's Basic Life (includes Participant's Basic AD&D) – Amount: \$5,000	<input checked="" type="checkbox"/>	n/a	n/a
Spouse's and Dependent Children's Life⁶ – Spouse: \$3,000 – Dependent children: \$3,000	n/a	<input type="checkbox"/>	<input type="checkbox"/>
Participant's Optional Life (maximum: \$100,000) (includes Participant's Optional AD&D)	Select the desired amount of insurance for this benefit⁷:		
	<input type="checkbox"/> \$5,000	<input type="checkbox"/> \$10,000	<input type="checkbox"/> \$15,000
	<input type="checkbox"/> \$50,000	<input type="checkbox"/> \$75,000	<input type="checkbox"/> \$100,000
		<input type="checkbox"/> \$25,000	<input type="checkbox"/> None
Participant's Optional Life (over \$100,000) ^{8 and 9} – 1 to 16 units of \$25,000 ¹⁰	No. of units:	_____	_____
Spouse's Optional Life⁹ – 1 to 20 units of \$25,000 ¹⁰	No. of units:	_____	_____
Long-Term Disability Insurance Plan	<input checked="" type="checkbox"/>	n/a	n/a

Note 2: Employees who do not have permanent full-time employee status, or 70% or more of full-time status, will automatically be assigned the Bronze module after one month of continuous service. The module selection of these employees will be applied at the end of the waiting period for all plans, i.e. after three months of continuous service. | **Note 3:** To take advantage of their exemption entitlement, salaried employees must establish that they and their dependents are covered under another group insurance plan with similar benefits. | **Note 4:** This period must be completed before an alternate module associated with a decrease in coverage may be selected. An alternate module associated with an increase in coverage may be selected at any time. | **Note 5:** The participant status selected for the dental care plan may be different from the one selected for the health insurance plan. Please refer to the contract for details of the available participant status combinations. **Note 6:** Participation in this benefit is **mandatory** for those whose participant status is other than Individual for the Health Insurance Plan. | **Note 7:** If the request is made within the 30-day period following the initial date of eligibility for this benefit, evidence of insurability is required for the \$100,000 amount only. Following the expiry of this period, evidence of insurability is required for any subsequent amount of insurance. | **Note 8:** To enrol in this benefit, participants must have \$100,000 of Participant's Optional Life (maximum: \$100,000). | **Note 9:** Includes vested rights. | **Note 10:** Evidence of insurability is required at all times.

4. INFORMATION ABOUT DEPENDENTS

	Full name	Gender F M	Date of birth (YYYY/MM/DD)	Dependent child with a functional impairment ¹¹	Fill this out for a dependent child age 18 or over, who is a full-time student ¹²	
					Start date of the school year (YYYY/MM/DD)	End date of the school year (YYYY/MM/DD)
Spouse		<input type="checkbox"/> <input type="checkbox"/>				
Children		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/>		

Note 11: Please contact customer service for how to proceed.

Note 12: La Capitale reserves the right to ask you for written proof from the institution attended at any time.

5. WITHDRAWAL OF DEPENDENTS

Please fill in Section 3 if you wish to change your coverage, and indicate the reason for modification in Section 2.

Full name	Full name
-----------	-----------

6. BENEFICIARY DESIGNATION (for Life Insurance Plan)

Revocable	Irrevocable	Full name	Percentage	Relationship to participant
<input type="checkbox"/>	<input type="checkbox"/>			
<input type="checkbox"/>	<input type="checkbox"/>			
<input type="checkbox"/>	<input type="checkbox"/>			

IMPORTANT NOTICE: If percentages are indicated, they must add up to 100%. If percentages are not specified, the Life Insurance benefit will be equally shared among the designated beneficiaries. **PROVINCE OF QUEBEC:** Designating a legally married or civilly united spouse as a beneficiary is considered irrevocable unless stipulated otherwise by the participant. Any irrevocable beneficiary designation may only be modified if the beneficiary is of legal age and signs a waiver of his or her right as a beneficiary. **PROVINCES OTHER THAN QUEBEC:** A beneficiary designation is considered revocable unless stipulated otherwise by the participant. Any irrevocable beneficiary may only be modified if the beneficiary is of legal age and provides written consent to the change.

7. DESIGNATION OF A TRUSTEE (does not apply in Quebec)

If you designate a beneficiary who has not reached the age of majority, you must name a trustee.

Full name			
No., Street, Apt	City	Province	Postal Code

8. PARTICIPANT'S AUTHORIZATION

"I hereby authorize my employer to deduct the required premiums from my salary and authorize La Capitale and the plan administrator to use my social insurance number for administration purposes. Furthermore, I authorize any physician, any other professional and any intervening party in the field of health and rehabilitation, as well as any public or private health and social services institution, any insurance company, as well as any reinsurer, any public or private organization, any information agency, any market intermediary, any employer or ex-employer, the policyholder as well as any person holding personal files or information, particularly medical records, pertaining to me to provide to La Capitale or its service providers, any information that may be required for the processing of my file. This authorization is also valid, in the event of my death, with regard to any person or organization holding information required by La Capitale, or its service providers, that may be required for the processing of my file.

I also authorize La Capitale to transmit such information to the aforementioned persons when necessary, within the scope of its activities and the processing of my file."

This authorization is valid for the purposes of this contract and for any amendments, extensions or renewals. A photocopy of this authorization is considered as valid as the original.

X _____ Date : _____
 Participant's signature or, if a minor, signature of legal guardian Year Month Day Telephone

9. SIGNATURE OF EMPLOYER'S REPRESENTATIVE

X _____ Date : _____
 Year Month Day Telephone

10. NOTICE

The Insurer undertakes to collect and use participant's personal information only to the extent of its relevance to this contract. The Insurer undertakes to take reasonable security safeguards to ensure the protection of the personal information collected, used, disclosed, retained or destroyed, in keeping with its sensitivity, the purposes for which it is to be used, its quantity, distribution and medium.

In this regard, only its representatives, mandataries, agents, subcontractors, reinsurers, employees, principals, officers, administrators, directors, associates and successors, and any other person who is responsible with, for or toward it, and the persons whom the insured has authorized and those who are authorized by law, will have access to the personal information of the participant. They will have such access only to the extent required for the performance of their duties or the carrying out of their assignments.

The disclosure of a participant's personal information to a third party must be done with the Policyholder's prior explicit consent, in accordance with the provisions set out in *An Act respecting the Protection of Personal Information in the Private Sector* and the *Civil Code of Quebec*.

To contact our Customer Service:	Telephone:	418 644-4200	La Capitale Civil Service Insurer Inc.
	Toll free:	1 800 463-4856	625 Jacques-Parizeau St, PO Box 1500
	Email:	adm.collectif@lacapitale.com	Quebec QC G1K 8X9 • lacapitale.com

This form may be sent to the Insurer by mail, fax or email, using the above contact information.
 If you do not send the original document, make sure you store it in a safe place.
 Please note that the Insurer may require the original document at any time for audit purposes.