

La Capitale Civil Service Insurer Inc.  
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418 644-4200 or 1 800 463-4856  
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This form must be completed by the insured or, if unable to do so personally, by another person on the insured's behalf. La Capitale Civil Service Insurer Inc. (hereinafter La Capitale) reserves the right to require any additional information it deems necessary. The company assumes no liability for any expenses incurred in providing the proof required for claims.

**IMPORTANT NOTE: When disclosing medical and health information, the results of any genetic test should not be included.**

		CONTRACT NO.	EMPLOYER NO.	IDENTIFICATION NO.
<b>Insured's Declaration (Complete in block letters)</b>		1	2	3
4 LAST NAME		5 FIRST NAME		
6 ADDRESS NO. STREET APT.		TOWN/CITY		POSTAL CODE
7 HOME TEL.	8 WORK TEL.	9 GENDER <input type="checkbox"/> M <input type="checkbox"/> F	10 DATE OF BIRTH Year Month Day	

11 Are you still totally disabled?  
 No – disability end date: Year Month Day  
 Yes – without interruption since: Year Month Day

12 Have you worked part time since the beginning of your disability?  
 No  Yes How many days or hours per week? \_\_\_\_\_

13 a) Return to full-time work: Y M D  
Year Month Day  
 b) Gradual return to work: Year Month Day

14 Since the last report, have you consulted a health professional, received treatments or undergone any examinations?  No  Yes  
 If so, please provide details below.  
 Hospitals and physicians consulted during your current disability:

Name and address of hospital or physician	Date	Treatments/operations
_____	_____	_____
_____	_____	_____
_____	_____	_____

15 What medication are you currently taking? \_\_\_\_\_

16 Have you applied or do you plan to apply for any disability, wage loss or retirement benefits with a government body and/or another insurance company?  No  Yes

If so, which organization? \_\_\_\_\_ Date of application: Year Month Day  Approved  Declined  Under assessment

Other: Name of insurance company \_\_\_\_\_ File No. \_\_\_\_\_  Approved  Declined  Under assessment

17 **Declaration**  
I hereby certify that the information provided below is true and complete.

18 **Authorization**  
 "I hereby authorize any physician, any other professional and participating party in the health care and rehabilitation sectors as well as any public or private health or social services institution, any insurance company, as well as any insurer, any public or private institution, any information officer who has received such a mandate, any market intermediary, any employer or ex-employer, the policyholder as well as any person who has files or personal information, especially medical information to provide to La Capitale or to its agents, subsidiaries, affiliates, third party administrators and reinsurers, all information that he, she or it has, for the following purposes: to investigate and confirm the accuracy of my claim, determine my eligibility for benefits, administer my claim, assess and facilitate my ability to return to work and administer the group benefits plan and coverage.  
 I also authorize La Capitale to disclose this information to the persons indicated above whenever necessary, within the framework of their activities and the processing of my file. In the event of death, I formally authorize the policyholder, employer, beneficiary, heir or liquidator of my succession, to provide to La Capitale or to its mandataries when required, all information or authorizations that make possible the processing of my file.  
 I authorize La Capitale to use my Social Insurance Number (SIN) for the purposes of tax reporting. I authorize La Capitale to pay the benefits directly into the account which bears the number appearing on the attached cheque."  
 This authorization is valid for the purposes of this contract, its amendment, extension or renewal. A photocopy or electronic copy of this authorization shall be as valid as the original.

\_\_\_\_\_  
Signature of Insured

Year Month Day  
\_\_\_\_\_  
Date

**Important**

The following sections must be completed and signed:

**By the insured**

- Insured's Declaration
- Upper section of the declaration completed by the attending physician

**By the employer**

- Employer's Declaration

**By the attending physician**

- Attending Physician's Declaration

**Employer's or Policyholder's declaration (Complete in block letters)**

**1** Name and address of employer: \_\_\_\_\_ **2** Contract No.: \_\_\_\_\_

*(Continue to next question if no change since last declaration)*

Employer No.: \_\_\_\_\_

Postal Code

Tel.: \_\_\_\_\_ Ext.: \_\_\_\_\_

**3** Employee's last name: \_\_\_\_\_ **4** Employee's first name: \_\_\_\_\_

**5** Employee's Identification No.: \_\_\_\_\_

**6** Is the employee still employed by you? Yes  No

If not, please specify reason:

Dismissal No  Yes  → Date: \_\_\_\_\_

Layoff No  Yes  → From \_\_\_\_\_ To \_\_\_\_\_ Date notice given: \_\_\_\_\_

Position abolished No  Yes  → Date: \_\_\_\_\_

Leave without pay No  Yes  → From \_\_\_\_\_ To \_\_\_\_\_

Other, please specify: \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_

**7** Has the employee returned to work? Yes  No

Date

Occupation

If so, please specify the date and occupation: \_\_\_\_\_

**8** Since your last declaration, have you paid any amounts to this employee? No  Yes

Nature

Period

Amount

If so, please specify the nature, period and amount: \_\_\_\_\_  
 (e.g.: vacation, sick pay, employment insurance, etc.)

**9** Is there any other information relevant to this application that we should be aware of? No  Yes

If so, please specify: \_\_\_\_\_

**10** I hereby certify that the information provided above is true and complete.

Signature of Authorized Representative

Date

**Section to be completed by the insured**

Note: For psychological illnesses, complete the reverse of this form.

1 Last Name: \_\_\_\_\_ 2 First Name: \_\_\_\_\_  
 3 Contract No.: \_\_\_\_\_ 4 Date of Birth: Year | | | Month | | Day | |

**Attending Physician's Declaration (Complete in block letters and give to the patient)**

**1. Diagnosis**

1.1 Primary: \_\_\_\_\_  
 1.2 Secondary: \_\_\_\_\_  
 1.3 Objective elements of physical examination and investigation (attach copy of recent results, X-rays, ECG, or other tests or examinations):  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Weight: lb  kg  Height: ft/in  m/cm  Most recent blood pressure: \_\_\_\_\_  
 1.4 Degree of severity of symptoms (M=mild, Md=moderate, S=severe)

	M	Md	S		M	Md	S
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**2. Treatment**

2.1 Drugs – name – dosage: \_\_\_\_\_  
 2.2 Additional treatments (specify type and frequency): \_\_\_\_\_  
 2.3 Surgery (date, nature and procedure): \_\_\_\_\_  
 2.4 Hospitalization: from \_\_\_\_\_ to \_\_\_\_\_ Name of hospital: \_\_\_\_\_  
 2.5 Consultation with a specialist: No  Yes  → Attach copy of report

**3. Medical follow-up and prognosis**

3.1 Date of last consultation: Year | | Month | | Day | | Next consultation: Year | | Month | | Day | |  
 3.2 Tests and examinations to come, specify: \_\_\_\_\_  
 3.3 Frequency of follow-up: \_\_\_\_\_  
 3.4 Referral to a specialist: No  Yes  Name of physician: \_\_\_\_\_  
 3.5 Scheduled date of consultation with a specialist: Year | | Month | | Day | | Specialty: \_\_\_\_\_  
 3.6 Describe the functional limitations preventing the patient from carrying out his or her professional duties or usual activities.  

At the start of disability	Currently
_____	_____

 3.7 Evolution: Progressive  Stable  Regressive   
 3.8 If you anticipate that this absence from work will extend beyond the usual period for such a diagnosis, please explain the factors justifying your prognosis.  
 \_\_\_\_\_  
 3.9 Patient's cooperation in treatment: Excellent  Average  Poor   
 3.10 Approximate duration of disability: No. of days \_\_\_\_\_ No. of weeks \_\_\_\_\_ Indefinite  or date of return to work Year | | Month | | Day | |  
 3.11 How long before the patient is likely to be able to return to work? No. of days \_\_\_\_\_ No. of weeks \_\_\_\_\_  
 Part time  Full time  Gradual return  Specify: \_\_\_\_\_

**4. Contract-specific questions**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**5. Identification of physician**

5.1 Last name, first name: \_\_\_\_\_ Tel.: \_\_\_\_\_  
 5.2 License No.: \_\_\_\_\_ Fax: \_\_\_\_\_  
 General practitioner  Specialist  Specify: \_\_\_\_\_  
 Signature: \_\_\_\_\_ Date: Year | | Month | | Day | |

**NOTE: THE INSURED IS RESPONSIBLE FOR ANY FEES CHARGED TO HAVE THIS FORM COMPLETED.**

**Section to be completed by the insured**

Note: For physical illnesses, complete the reverse of this form.

1 Last Name: \_\_\_\_\_ 2 First Name: \_\_\_\_\_  
 3 Contract No.: \_\_\_\_\_ 4 Date of Birth: \_\_\_\_\_ Year \_\_\_\_\_ Month \_\_\_\_\_ Day \_\_\_\_\_

**Attending Physician's Declaration (Complete in block letters and give to the patient)**

**1. Diagnosis**

1.1 Primary: \_\_\_\_\_  
 1.2 Secondary: \_\_\_\_\_  
 1.3 Please describe signs and symptoms and indicate the frequency and degree of severity of each: (M = Mild Md = Moderate S = Severe)

Signs	M	Md	S	Symptoms	M	Md	S
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

1.4 Describe the functional limitations preventing the patient from carrying out his or her professional duties or usual activities.

At the start of disability	Currently
_____	_____

**2. Treatment**

2.1 Drugs – name – dosage: \_\_\_\_\_

2.2 Specify whether your patient is consulting a: Since when? Treatment provided by/in: Specify:

Consulting a	Since when?	Treatment provided by/in:	Specify:
Psychiatrist No <input type="checkbox"/> Yes <input type="checkbox"/>	_____	Treatment centre No <input type="checkbox"/> Yes <input type="checkbox"/>	_____
Psychologist No <input type="checkbox"/> Yes <input type="checkbox"/>	_____	CLSC No <input type="checkbox"/> Yes <input type="checkbox"/>	_____
Social worker No <input type="checkbox"/> Yes <input type="checkbox"/>	_____	Day hospital No <input type="checkbox"/> Yes <input type="checkbox"/>	_____
Other health professional No <input type="checkbox"/> Yes <input type="checkbox"/>	_____	Group therapy No <input type="checkbox"/> Yes <input type="checkbox"/>	_____
		Individual therapy No <input type="checkbox"/> Yes <input type="checkbox"/>	_____

AXIS II) Associated personality disorders? No  Yes  Specify: \_\_\_\_\_  
 Associated drug addiction, alcoholism or gambling problems? No  Yes  Specify: \_\_\_\_\_

AXIS III) Associated illness: – Diagnosis: \_\_\_\_\_  
 – Drugs prescribed: \_\_\_\_\_

AXIS IV) Associated psychosocial stress factors (in the last 12 months):

<input type="checkbox"/> Personal or interpersonal problems	<input type="checkbox"/> Loss of employment or layoff	<input type="checkbox"/> Occupational problems
<input type="checkbox"/> Marital or family problems	<input type="checkbox"/> Alcohol or drug abuse and/or gambling problems	
<input type="checkbox"/> Other, specify: _____		

AXIS V) General functioning scale (according to DSM-IV GFS scale (0 to 100) 100 = perfect condition) → At start of treatment: \_\_\_\_\_ Currently: \_\_\_\_\_

**3. Follow-up and prognosis**

3.1 Date of last consultation: \_\_\_\_\_ Year \_\_\_\_\_ Month \_\_\_\_\_ Day \_\_\_\_\_ Next consultation: \_\_\_\_\_ Year \_\_\_\_\_ Month \_\_\_\_\_ Day \_\_\_\_\_

3.2 Follow-up frequency: \_\_\_\_\_

3.3 Will the patient be referred to a psychiatrist? No  Yes  Name of physician: \_\_\_\_\_

3.4 Patient's cooperation in treatment: Excellent  Average  Poor

3.5 If you anticipate that this absence from work will extend beyond the usual period for such a diagnosis, please explain the factors justifying your prognosis.  
 \_\_\_\_\_  
 \_\_\_\_\_

3.6 Do you consider that the patient's condition has improved in an optimal way? No  Yes

3.7 Approximate duration of disability: No. of days \_\_\_\_\_ No. of weeks \_\_\_\_\_ Indefinite  or Date of return to work \_\_\_\_\_ Year \_\_\_\_\_ Month \_\_\_\_\_ Day \_\_\_\_\_

3.8 How long before the patient is likely to be able to return to work? No. of days \_\_\_\_\_ No. of weeks \_\_\_\_\_  
 Part time  Full time  Gradual return  Specify: \_\_\_\_\_

**4. Contract-specific questions**

\_\_\_\_\_

**5. Identification of physician**

5.1 Last name, first name: \_\_\_\_\_ Tel.: \_\_\_\_\_  
 5.2 License No.: \_\_\_\_\_ Fax: \_\_\_\_\_  
 General practitioner  Specialist  Specify: \_\_\_\_\_  
 Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Year \_\_\_\_\_ Month \_\_\_\_\_ Day \_\_\_\_\_