

Recipient: La Capitale Civil Service Insurer Inc.
 La Capitale Insurance and Financial Services Inc.
 (the Insurer)

Subject: _____
 Contractholder's name

Client No.: 3 ____ - ____ - ____ OR Contract No.: 5 _____

I am the annuitant of the above-mentioned spousal or common-law partner RRSP or RRIF (the plan).

I hereby request that the Insurer:

transfer my plan into an existing personal RRSP or RRIF _____

OR

remove _____ from my plan.
 Name of contributing spouse or common-law partner

I CERTIFY THAT:

1. I am currently separated from _____ who is the designated contributor to the plan
 (and I do not reside with him or her). I am attaching proof of our relationship breakdown (i.e. a divorce decree or civil union or de facto separation agreement).
 Name of contributing spouse or common-law partner
2. The contributor did not contribute to the plan or any other of my RRSPs during the current calendar year or during the previous two calendar years immediately preceding it.
3. If the plan is an RRSP, I did not make any withdrawals from the plan during the current calendar year.
4. If the plan is a RRIF, I did not withdraw more than the minimum amount during the current calendar year.
5. I am solely responsible for any tax consequences (including interest and penalties) that may result from this application, and I will not hold the trustee, the mandatary or any of their affiliated agents liable for any of its consequences.

 _____ Date: | | | | |
 Signature of contractholder Year Month Day